

Costa Rica Weekend Activities

DAY	ACTIVITY	DESCRIPTION
Saturday 31st Jan 3 morning options	1. Cheese Tour	Take a close-up look at the cheese-making process from the second largest cheese producer of Costa Rica, including cheese samples and a presentation on the history of the Quaker community in Monteverde. Monteverde ice cream and milk shakes are not to be missed!
	2. Coffee Tour	Learn how coffee is processed and roasted, followed by a chance to taste locally grown coffee.
	3. Santa Elena	Monteverde's less touristy neighbor, Santa Elena boasts an impressive cloud forest reserve that's considered one of the best places to view howler monkeys in the country.
Sunday 1st Feb	Zip Lining	The tour starts with a short, guided hike through the private 70-acre reserve of the Cloud Forest. The first part of the tour will take you through primary (old growth) and secondary (new growth) forest. As you fly through the treetops listen closely for the vast variety of birds that can be seen and heard throughout the preserve.
	Monteverde Cloud Forest	First and most visited reserve in Monteverde. Well maintained trails with expert guides to share their knowledge of flora and fauna.
Saturday 7th Feb 3 morning options	1. Chocolate Tour	Experience the whole chocolate making process, from cacao to truffle, and learn the history of chocolate. Also sample mid process!
	2. Coffee Tour	Learn how coffee is processed and roasted, followed by a chance to taste locally grown coffee.
	3. Santa Elena	Monteverde's less touristy neighbor, Santa Elena boasts an impressive cloud forest reserve that's considered one of the best places to view howler monkeys in the country.
Sunday 8th Feb	Canyoning	A beautiful walk on top of a mount to the start of the experience. Includes rappelling down six waterfalls through the beautiful Monteverde rainforest! Includes free tshirt or photos.
Saturday 14th Feb 3 morning options	1. Chocolate Tour	Experience the whole chocolate making process, from cacao to truffle, and learn the history of chocolate. Also sample mid process!
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	3. Santa Elena	Monteverde's less touristy neighbor, Santa Elena boasts an impressive cloud forest reserve that's considered one of the best places to view howler monkeys in the country.
Sunday 15th Feb	Beach Day	Depart UGACR 8 am to Playa Doña Ana, spend 4 - 5 hrs at the beach. Showers, bathrooms, and cafe available. Return to UGACR by 5 pm.
Saturday 21st Feb 3 morning options	1. Chocolate Tour	Experience the whole chocolate making process, from cacao to truffle, and learn the history of chocolate. Also sample mid process!
	1. Cheese Tour	Take a close-up look at the cheese-making process from the second largest cheese producer of Costa Rica, including cheese samples and a presentation on the history of the Quaker community in Monteverde. Monteverde ice cream and milk shakes are not to be missed!
	3. Santa Elena	